



COUNSELOR PACKET

South Texas Church of the Nazarene District Kid's Camp
July 4-8, 2011

CAMP COUNSELOR INFORMATION

The role of camp counselor should not be taken lightly. This position is one of the most important influences on a child's experience at camp. When selecting camp counselors (or signing up to be a camp counselor) please realize the importance of this role.

Camp counselors are expected to adhere to the following guidelines:

- I. Set a Godly example for your campers by:
 - a. Attendance – attendance to Chapel, Quizzing, Time with a Missionary, Prayer Garden and Service Project are mandatory.
 - b. Punctuality – arrive on time to your activities. Late arrival disrupts the activity for others.
 - c. Participation – Participation in the above activities is mandatory. Simply showing up is not an option. If the counselor participates – the children will be more likely to participate!
 - d. Respecting all camp rules
 - e. Leading campers in prayer, small group time, and devotions (devotion materials will be provided)
 - f. Maintaining a positive attitude throughout the week
- II. Follow all camp rules (to include – but not limited to):
 - a. Campers **MUST** remain with Counselor at all times
 - b. Shoes must be worn at all times
 - c. Children may only participate in water activities at their specified times. This includes the pool and water blob.
 - d. See that all medicine is turned in to the nurse (and ensure that campers take medication as scheduled)
- III. Make camp fun!

Camp will be as fun as you make it! We have campers/counselors each year that participate in the exact same activities yet have completely different experiences. Your attitude can truly make or break the entire week for yourself and all those around you. Some ideas to make the week fun:

 - a. Learn your campers by name!
 - b. Find at least one strength in each camper and promote it
 - c. Build a sense of dorm unity and camper morale
 - d. Find the kid in you and RELAX!
- IV. Help the camp achieve its purpose of evangelizing the non-Christian camper and strengthening the Christian camper
 - a. Model Christian attitudes
 - b. Pray specifically for your campers' spiritual needs
 - c. Lead seeking campers to Christ
 - d. Pray with your campers
 - e. Communicate with the Directors of any special needs/concerns that arise or decisions made at camp

GENERAL INFORMATION

Camp Scholarship forms are due by May 1 to Jennifer Henry. \$175 per camper with registration is due by May 15 to Jennifer Henry. For more information contact Living Word's Children's Camp Coordinator, Jennifer Henry, at the Kid's Life Center Check-In, cell phone (713) 870-3263, or e-mail jenniferphenry@yahoo.com.

Camp is Monday, July 4 @ 2:00pm through Friday, July 8 @ 1:00pm. Please do not plan to arrive on Monday before 2:00pm. Eat lunch before you arrive at the campground.

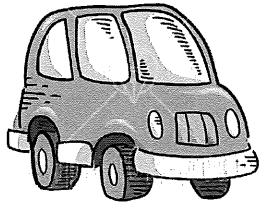
Children's Camp – graduated 1st grade through graduated 3rd grade.
Pre-Teen Camp – graduated 4th grade through graduated 6th grade.
Both camps run Monday through Friday at the same location but activities and dorms will be separate.

Each church group is required to bring one adult counselor for every eight campers. For every eight girls there must be an adult female counselor and for every eight boys there must be an adult male counselor. Counselors must be at least 20 years old. High school students ages 16 and older are allowed to attend camp with your church as junior counselors. They cannot serve as a substitution for the required 1:8 ratio.

Campers and Counselors are to reflect a Christian example by their dress. Modest shorts, jeans, skirts and dresses are acceptable for worship. Tennis shoes are REQUIRED for daily activities. Immodest clothing, distasteful designs or messages, and other extreme clothes are not acceptable at any time. One piece swimsuits are encouraged. Boys and girls are required to wear t-shirts and shoes to and from water activities.

Every attendee MUST complete a medical release form. In order to aid us in the proper care of your child's health needs, please advise us of any special conditions of health, diet or personal habits that affect your child.

Souvenirs and snacks may be purchased at camp for additional cost. During Snack Shack campers can cool off with a soft drink or pick up a snack. Items available include sodas, bottled water, candy, chips, etc. Prices range from \$.50-\$5 per item. \$10 is usually adequate for the five days of camp. Souvenirs are available at the camp gift shop and average \$5-\$15.



Living Word will provide transportation for the campers if requested by the campers' guardians.

DRIVING DIRECTIONS TO TRINITY PINES FROM HOUSTON VIA I-45: Take exit #113 as you approach Huntsville. This feeds into Hwy 19 north. Travel 20+ miles into Trinity and turn right at the second light onto Hwy 94. Go only ¼ mile and turn right at blinking yellow light onto Hwy 356. Trinity Pines is 4+ miles down on the left.

2011 SERVICE PROJECT

This year the children will assemble School Pal-Paks. School Pal-Paks are a great way to help children around the world and to get your kids involved as they help collect the needed items. A Pal-Pak consists of the essentials for a student starting a new school year.

EACH CHILD ATTENDING CAMP SHOULD BRING AS MUCH OF THE FOLLOWING AS POSSIBLE TO LIVING WORD CHURCH OF THE NAZARENE BY JUNE 26.

Gather New Items listed below

- MEAD or composition notebooks, no larger than 9¾" x 7½"
- Package of 10-12 #2 pencils
- Package of 10-12 black pens
- Pink erasers, 2-3" long
- 6" or 12" rulers (with metric)
- Package of 12-15 colored pencils
- Blunt-nosed scissors
- Hand-held pencil sharpener (NOT electric or battery-powered)
- Gallon size clear plastic Ziploc bags

It is very important that the items brought match the list above exactly. These items will be shipped overseas and must meet the shipping requirements as mandated by both domestic and international laws.

DO NOT ASSEMBLE PACKAGES BEFORE CAMP ARRIVAL.

WHAT TO BRING TO CAMP

CLOTHING

Casual clothing for recreation and chapel: comfortable, modest shorts and t-shirts work best

Shoes (REQUIRED AT ALL TIMES)

Tennis shoes are REQUIRED for recreation and challenge course

Sandals may be worn at other times

Flip-flops or water shoes may be useful but are not required

Undergarments

Socks

Sleepwear

Swimwear

A cover must be worn by ALL to and from lakefront/swimming pool

One piece swimsuits are encouraged. Two-piece suits are allowed- but must be covered by a t-shirt while swimming

Hat if desired

LINENS

Towels and washcloths

Separate towels are recommended for swimming and bathing

Bed linens or sleeping bag

Pillow

TOILETRIES

Soap/body wash

Shampoo/Conditioner

Brush or comb and other hair necessities

Deodorant

Toothbrush/toothpaste

MISCELLANEOUS

Bible

Pen or Pencil

Sun block

Insect repellent

Flashlight

Plastic bags for dirty/wet clothes

Money for snack shack and/or gift shop

Camera if desired

Water gun (to be held by counselor until needed)

(COUNSELORS should bring an alarm clock and watch)

MEDICATION

All medication MUST be in a Ziploc bag with a completed medication information/dosing form
(included in this packet)

All medication will be administered by camp nurse

DO NOT BRING

Cell phones, CD players, video games, computers, etc

Prank supplies, weapons, fireworks, alcohol, or tobacco

Any immodest clothing

Any material inconsistent with Christian testimony

(Adults may bring a cell phone)

PARENTS – PLEASE MARK EACH ITEM BROUGHT TO CAMP!!

Crissy McDowell (210.573.2847)
South Texas District Kid's Camp

Jodie Bergquist (832.545.1635)
stxd.kidscamp@gmail.com

MEDICAL RELEASE FORM

In the event of an accident or special health needs, it will be necessary for us to have the requested information. Please make certain that you have provided thorough and accurate medical information. It is recommended that you attach a photocopy of your family medical insurance card.

Name: _____ Birth Date: ____/____/____ Age: ____ Sex: (M/F) ____
First Middle Last Mo. Day Year

Church: Living Word City: Houston Dates at TPCC: ____/____/____ to ____/____/____

Person to Notify in Event of Emergency: _____ Relationship to You: _____

Phone Number of Contact Person: Daytime (____) _____ Evening (____) _____ Other (____) _____

If unable to reach above person: Notify _____ Relationship to You: _____

Phone Number of Contact Person: Daytime (____) _____ Evening (____) _____ Other (____) _____

Family Physician: _____ Phone: (____) _____

Medical Insurance Co.: _____ Plan or Group #: _____

Insured ID or Member #: _____ Ins. Co. Phone #: (____) _____

MEDICAL INFORMATION

Significant Allergies (specify)

- Food: _____
- Insect Sting: _____
- Medicine/Drug: _____
- Plant/Pollen: _____
- Other: _____
- Special Diet: _____
- Recent Surgery? _____
- Date of last Tetanus Shot? _____ Immunizations Current? _____

Diseases, Chronic or Recurring Illness: (Check all that apply, explain)

- Asthma: _____
- Bleeding Disorder: _____
- Joint or Back Problems: _____
- Diabetes: _____
- Epilepsy: _____
- Heart Condition: _____
- Seizures: _____
- Stomach Condition: _____
- Emotional: _____

HEALTH CARE AND CAMP PERMISSION— INITIAL & SIGN THE STATEMENTS BELOW.

____ I give permission for first aid techniques and simple health care to be administered as the need arises. I understand in the event of any serious injury or illness on my part the camp officials reserve the right to seek professional medical attention including but not limited to consultation with medical director, EMS transportation, and hospitalization.

____ I give permission for myself or my child/ward, in consultation with the Camp Health Supervisor and/or the medical director's standing orders, to take the following medications as indicated by checking below:

| | | |
|--|---|----------------------------------|
| ____ acetaminophen (i.e. Tylenol) | ____ ibuprofen (i.e. Advil) | ____ decongestant (i.e. Sudafed) |
| ____ antihistamine (i.e. Benadryl, Claritin) | ____ antihistamine cream | ____ antibacterial ointment |
| ____ antacid tablet (i.e. Tums) | ____ additional medications as indicated/prescribed by the HLC Medical Director | |

I hereby attest that all information listed on this Medical Form is complete and accurate to the best of my knowledge that I or my child/ward am/is in acceptable health, physical ability, and emotionally ready to fully participate in camp or retreat activities. I grant my permission to participate in all activities associated with the enrolled event with the exceptions of those that are noted.

I, _____ being the legal guardian of _____ (if applicable) give my permission to Trinity Pines Conference Center's management, medical staff, and/or the group director to provide medical treatment that may be deemed necessary to insure the well-being of myself/the named camper. I do hereby release and forever discharge all from any and all claims, demands, actions or cause of action arising out of damage or injury while participating in Trinity Pines sponsored activities.

X _____ / ____/____ (____) _____
 Signature Date Phone Number

MEDICATION ADMINISTRATION AUTHORIZATION

Name: _____ Birth date: ___/___/___ Age: ___ Sex: ___ Male ___ Female

Church Name: Living Word Church City & State: Houston, TX

As the parent or legal guardian of the above-named child, I give my permission to the Trinity Pines Medical Staff to administer as prescribed by law the listed below medication to my child.

Parents/Guardian Signature Date Daytime Phone # Evening Phone #

OR

As an Adult Camper/ Sponsor/Staff, I give my permission to the Trinity Pines Medical Staff to administer as prescribed by law the listed below medication to me during my stay at Trinity Pines Conference Center.

Adult Camper / Sponsor/Staff Date

For Prescription Medications only...PLEASE follow these guidelines: In accordance with Texas Department of Health regulations: ALL Medication that is brought to camp must be: (1) Placed in a secure location not accessible to campers, (2) Prescribed for the camper (not a sibling or parent), (3) In the original container with all labels intact, and (4) Correct current dosage. Dosage of non-prescription medication may not exceed product recommendation without doctor's written orders. TPCC staff request that you do not send over-the-counter medications (i.e. Tylenol, Ibuprofen, Benadryl, etc): These types of medications are provided by TPCC).

Name of Medication: _____
Purpose for medication use (e.g. allergies, asthma, antibiotic) _____
Form of medication: ___ Tablet ___ Pill ___ Capsule ___ Liquid ___ Inhalation ___ Other (specify) _____
Dosage (amount to be given): _____ How often or at what time: _____
Remarks or special instructions: _____

Name of Medication: _____
Purpose for medication use (e.g. allergies, asthma, antibiotic) _____
Form of medication: ___ Tablet ___ Pill ___ Capsule ___ Liquid ___ Inhalation ___ Other (specify) _____
Dosage (amount to be given): _____ How often or at what time: _____
Remarks or special instructions: _____

Name of Medication: _____
Purpose for medication use (e.g. allergies, asthma, antibiotic) _____
Form of medication: ___ Tablet ___ Pill ___ Capsule ___ Liquid ___ Inhalation ___ Other (specify) _____
Dosage (amount to be given): _____ How often or at what time: _____
Remarks or special instructions: _____

If necessary, make additional copies of this blank Medication Form in order to provide requested information for each medication. All Medication Release/Administration Forms and medication(s) to be administered should be given to the church Contact Person prior to arriving at TPCC. When the church group arrives at camp, the Contact Person will be responsible for bringing all medications and forms to the TPCC Office. The Forms will be reviewed by our Medical Staff to clear up any possible questions about medications or their administration. To make it easier for the church Contact Person, the parent/or student should put their medications and signed Medication Administration Authorization forms in a zip-lock type plastic bag with the student's name and church written with a marker on the outside of the bag. Parents should emphasize to their child(ren) the responsibility of reporting to the camp Health Center for their medications while at camp.

Trinity Pines Conference Center

THE TEXAS DEPARTMENT OF STATE HEALTH SERVICES

Child Protection Summary

New Guidelines Effective Summer 2011

TPCC operates under guidelines set forth by The Texas Department of State Health Services, which is the licensing agent for camps. These laws require any adult who has contact with children/youth at camp to be screened for criminal and sex offender records. The full set of guidelines can be found on the Department of State Health Services web-site at www.dshs.state.tx.us/youthcamp/default.shtm

In addition, adults are required to take a one hour training course and pass a test regarding child protection and reducing the risk of child abuse and molestation. This law applies to all state licensed youth camps, and is meant for the safety and protection of the children. The training/test must be completed by each adult biannually.

The required "state approved" one hour training course informs all adults of the effects of child abuse, the methods of operation of child molesters, the signs and symptoms of abuse to watch for and the proper method of reporting abuse. The course also focuses on ways for adults to guard against any situation that could put themselves at risk for accusation.

Effective May 2010, new regulations set forth the following guidelines for those that will be acting as paid or volunteer staff:

The following is from **Rule §265.12** of the Texas Administrative Code: "(g) Persons whose presence at a youth camp shall be precluded:

Youth camps shall not employ paid or unpaid staff members or volunteers at a youth camp, or permit any person to have unsupervised contact with campers other than their own children if the person has the following types of criminal convictions or deferred adjudications: a misdemeanor or felony under Texas Penal Code, Title 5 (Offenses Against the Person), Title 6 (Offenses Against the Family), Chapter 29 (Robbery) of Title 7, Chapter 43 (Public Indecency) or §42.072 (Stalking) of Title 9, §15.031 (Criminal Solicitation of a Minor) of Title 4, §38.17 (Failure to Stop or Report Aggravated Sexual Assault of Child) of Title 8, or any like offense under the law of another state or under federal law.

(h) Persons whose presence at a youth camp may be precluded:

(1) Youth camps may preclude a person from being a paid or unpaid staff member or volunteer at a youth camp; or may preclude a person from having unsupervised contact with campers other than the person's own children, if the person has the following types of criminal convictions or deferred adjudications:

(A) a misdemeanor or felony committed within the past ten years under §46.13 (Making a Firearm Accessible to a Child) or Chapter 49 (Intoxication and Alcoholic Beverage Offenses) of Title 10 of the Texas Penal Code, or any like offense under the law of another state or under federal law; or

(B) any other felony under the Texas Penal Code or any like offense under the law of another state or under federal law that the person committed within the past ten years.

(2) Camp management shall have on file a written evaluation for any staff member or volunteer with a criminal conviction or deferred adjudication included in paragraph (1) of this subsection, showing that management has determined the person is suitable for a position at the youth camp despite a criminal conviction or deferred adjudication. "

REQUIREMENTS

The following steps/documentation are to be completed for each person attending camp:

1. Adult/Student Registration Form for each person that will be in attendance at TPCC.
2. Medical Release Form for each person that will be in attendance at TPCC.
3. A criminal background check may be performed online at <https://records.txdps.state.tx.us> for a nominal charge. It is the sponsoring churches responsibility to perform these checks and submit proof of proper documentation at camp registration. (18 and over only; must be performed annually)
4. A sex offender background check may be performed online at <https://records.txdps.state.tx.us/> for no charge. It is the sponsoring churches responsibility to perform these checks and submit proof of proper documentation at camp registration. (18 and over only; must be performed annually)
5. The state approved Child Protection Training session and written test material can be downloaded from our website: www.trinitypines.org. A photocopy of the certificate issued by test administrator upon successful completion of the Child Abuse and Sexual Abuse Prevention/Recognition Class must be submitted at camp registration. (18 and over only; must be performed biannually)

The new training requirements and full set of guidelines can be found on the Department of State Health Services web site at www.dshs.state.tx.us/youthcamp/default.shtm

Campers AND Counselors*!!

Pre-order Camp t-shirts!



T-shirts with the camp logo are available for **pre-order ONLY!**

To order a t-shirt send \$12 and this form to

Lake Houston Church of the Nazarene

Attn: Stacey Allred

5616 FM 1960, Ste 185

Humble, TX 77346

Make checks payable to LHCN for t-shirt orders.

All orders and payment for t-shirts must be postmarked by May 31!

(One form per camper please)

Camper Name: _____

Church Name/City: _____

Size (circle one): YS YM YL AS AM AL

(add \$2 for the following sizes: XL XXL XXXL)

****Due to a change in budget resources, counselor t-shirts will not be provided by the district.***